

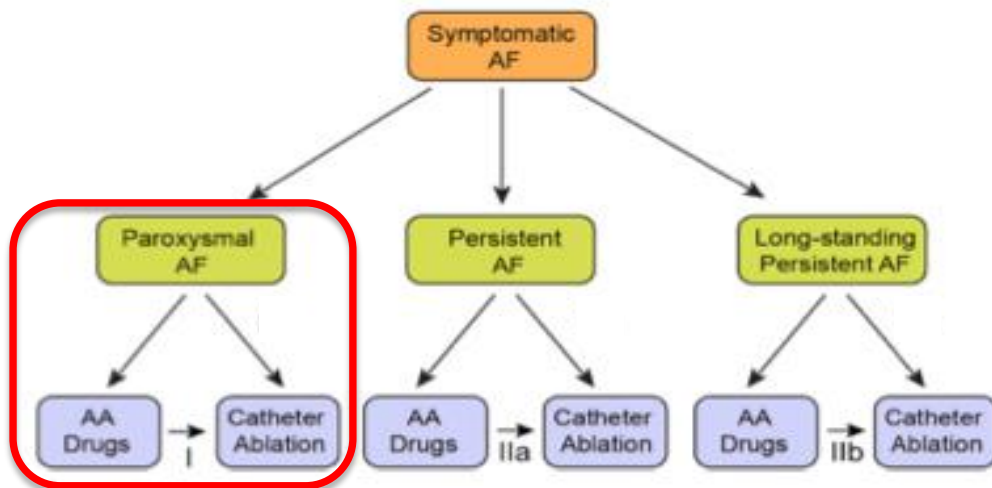


E.N. MESHALKIN NATIONAL MEDICAL RESEARCH CENTRE  
NOVOSIBIRSK, RUSSIAN FEDERATION

# ТОРАКОСКОПИЧЕСКИЙ ПОДХОД В ЛЕЧЕНИИ ФИБРИЛЛЯЦИИ ПРЕДСЕРДИЙ

Елесин Д.А.

## Indications for Catheter Ablation of Symptomatic Atrial Fibrillation



European Heart Journal Advance Access published August 27, 2016



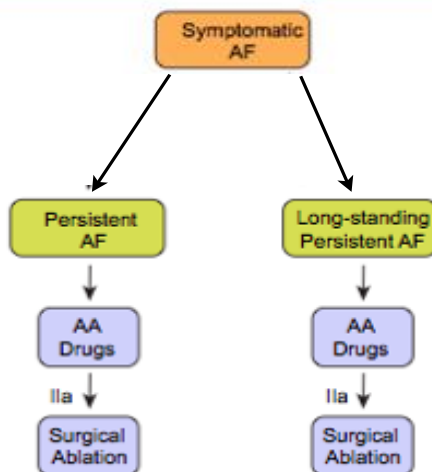
European Heart Journal  
doi:10.1093/eurheartj/ehw210

ESC GUIDELINES

## 2016 ESC Guidelines for the management of atrial fibrillation developed in collaboration with EACTS

Рекомендации	Класс доказанности	Уровень доказанности
<p>Катетерная абляция симптомной пароксизмальной ФП рекомендуется для улучшения контроля симптомов у пациентов с выраженными клиническими проявлениями ФП на антиаритмической лекарственной терапии (амиодарон, дронадарон, флекаинид, пропafenон, соталол) и пациентов, предпочитающих дальнейшую терапию контроля ритма при условии проведения ее электрофизиологами, имеющими соответствующую квалификацию, в условиях опытного центра.</p>	I	A

## Indications for Stand-Alone Surgical Ablation of AF



European Heart Journal Advance Access published August 27, 2016



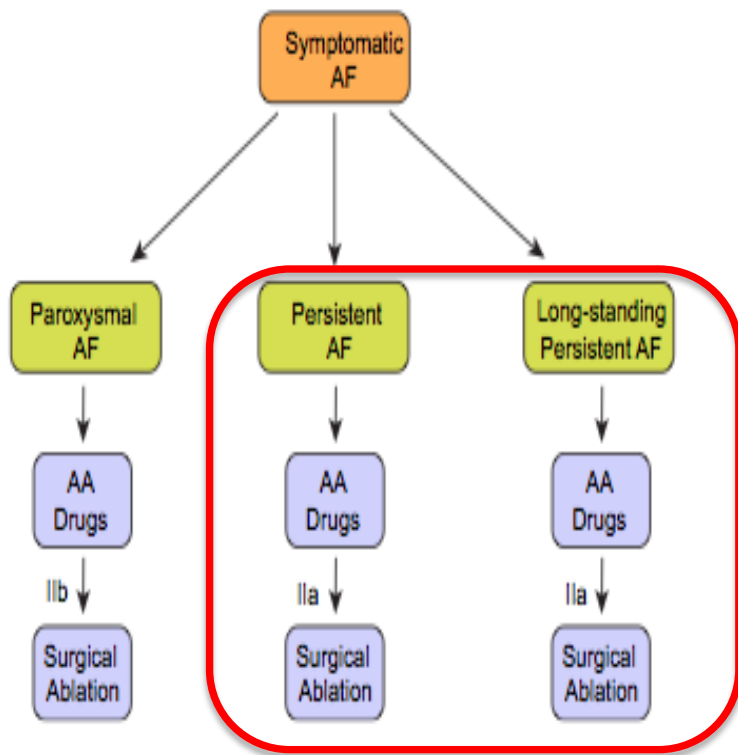
European Heart Journal  
doi:10.1093/eurheartj/ehw210

ESC GUIDELINES

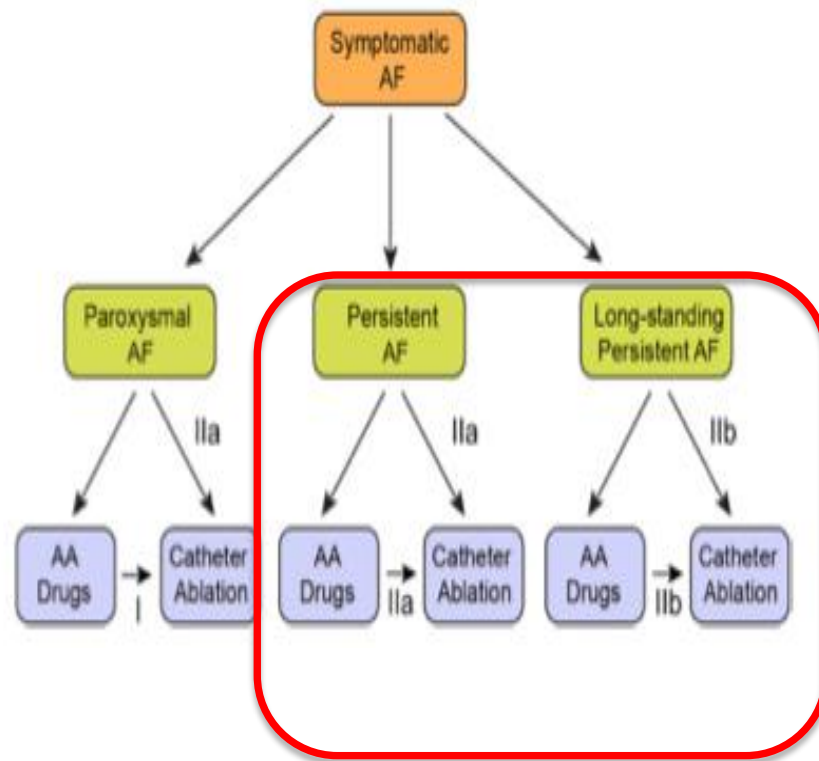
## 2016 ESC Guidelines for the management of atrial fibrillation developed in collaboration with EACTS

Рекомендации	Класс доказанности	Уровень доказанности
Миниинвазивную хирургию следует рассматривать у пациентов с симптомной персистирующей или длительно-персистирующей ФП, рефрактерной к ААТ для улучшения симптомов, учитывая выбор пациента, пользу и риск.	IIa	C
Миниинвазивная хирургия с эпикардимальной изоляцией легочных вен должна быть рассмотрена у пациентов с симптоматичной ФП, когда катетерная абляция была неэффективна.	IIa	B

## Indications for Stand-Alone Surgical Ablation of AF



## Indications for Catheter Ablation of Symptomatic Atrial Fibrillation



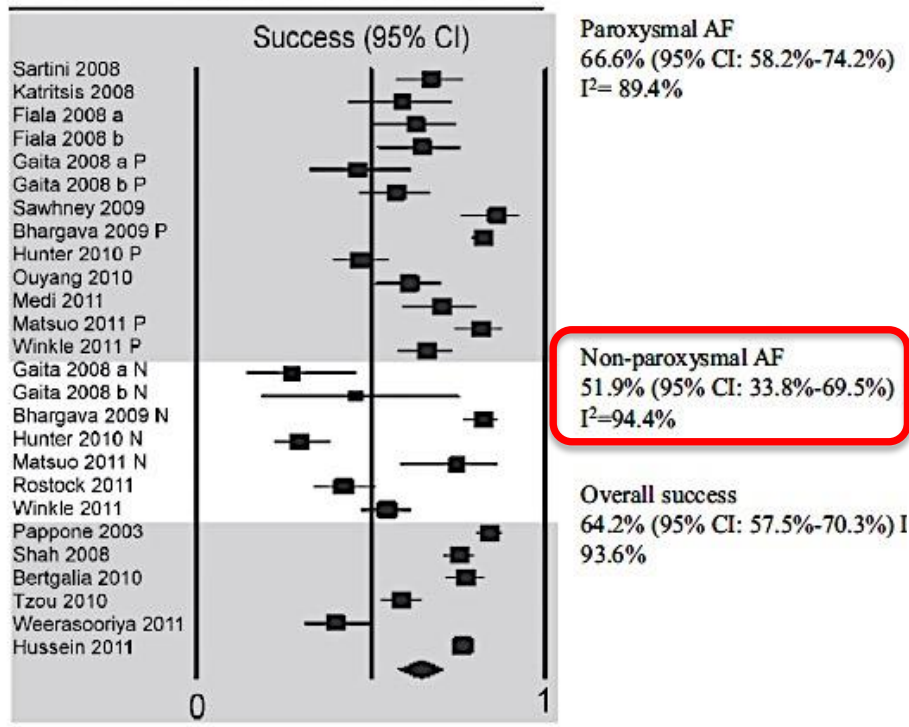
Хирургическое или катетерное лечение  
фибрилляции предсердий: что лучше?



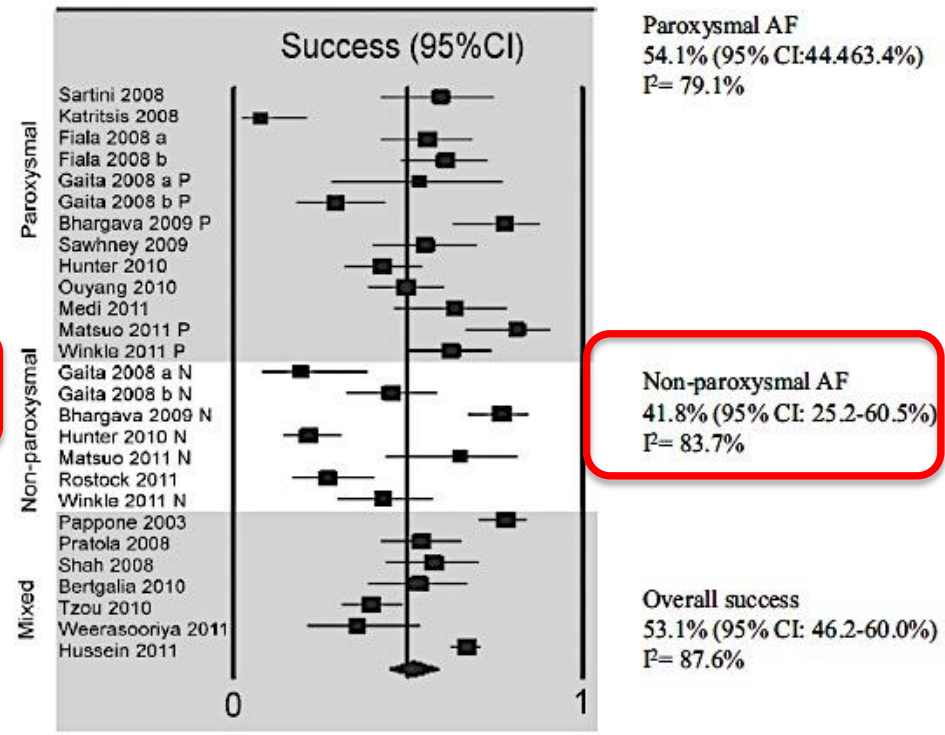
## Long-term Outcomes of Catheter Ablation of Atrial Fibrillation: A Systematic Review and Meta-analysis

Anand N. Ganesan, Nicholas J. Shipp, Anthony G. Brooks, Pawel Kuklik, Dennis H. Lau, Han S. Lim, Thomas Sullivan, Kurt C. Roberts-Thomson and Prashanthan Sanders

12 month single procedure success



Late single procedure success

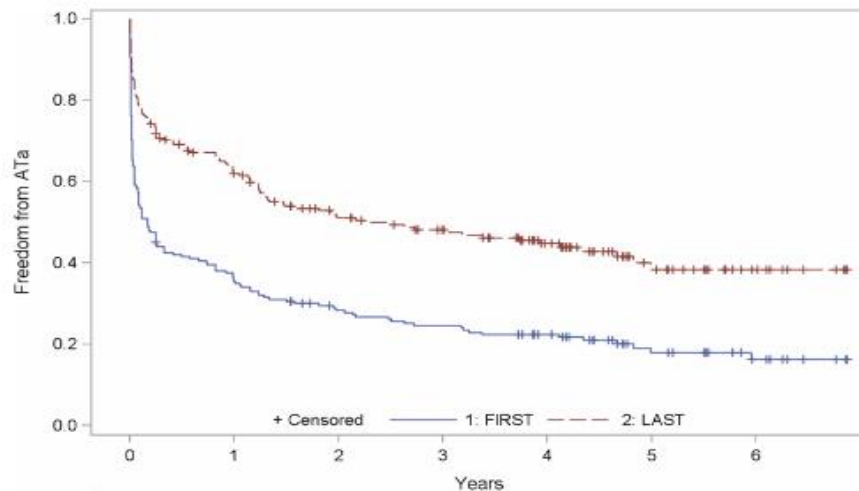


# Catheter Ablation of Long-Standing Persistent Atrial Fibrillation

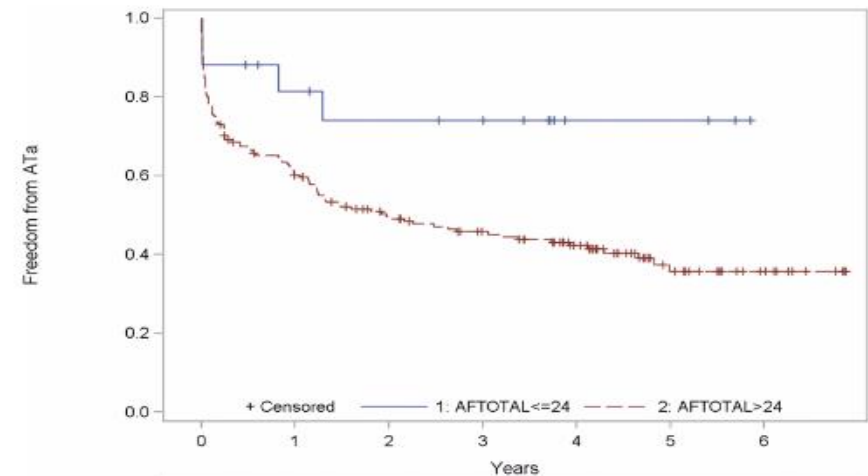
## 5-Year Outcomes of the Hamburg Sequential Ablation Strategy

Roland Richard Tilz, MD, Andreas Rillig, MD, Anna-Maria Thum, Anita Arya, MD, Peter Wohlmuth, Andreas Metzner, MD, Shibu Mathew, MD, Yasuhiro Yoshiga, MD, Erik Wissner, MD, Karl-Heinz Kuck, MD, Feifan Ouyang, MD

Hamburg, Germany



	0	1	2	3	4	5	6								
1: FIRST	202	89	83	71	62	52	47	45	41	36	26	17	14	8	3
2: LAST	202	141	135	118	100	89	83	76	68	54	37	24	17	10	4



	0	1	2	3	4	5	6								
1: AFTOTAL<=24	17	15	14	12	10	10	10	9	7	3	3	3	2	0	
2: AFTOTAL>24	185	126	121	108	90	79	73	67	61	51	34	21	15	10	4

### PVI and Additional Ablation

Procedure	PVI Only Until This Procedure	CFAE	LA Line	SVC/AES
First procedure (n = 202)	165 (165)	29 (29)	12 (12)	7 (7)
Second procedure (n = 126)	0 (60)	15 (21)	24 (26)	13 (0)
Third procedure (n = 42)	0 (5)	15 (20)	21 (26)	1 (0)
Fourth procedure (n = 11)	0 (0)	1 (2)	3 (6)	0 (0)
Fifth procedure (n = 2)	0 (0)	0 (0)	0 (2)	0 (0)
Ablation summary (last procedure)	105	60	60	21

**Atrial Fibrillation Catheter Ablation Versus Surgical Ablation Treatment (FAST): A 2-Center Randomized Clinical Trial**

Lucas V.A. Boersma, Manuel Castella, WimJan van Boven, Antonio Berruezo, Alaaddin Yilmaz, Mercedes Nadal, Elena Sandoval, Naiara Calvo, Josep Brugada, Johannes Kelder, Maurits Wijffels and Lluís Mont

*Circulation*. 2012;125:23-30; originally published online November 14, 2011;

**Background**—Catheter ablation (CA) and minimally invasive surgical ablation (SA) have become accepted therapy for antiarrhythmic drug–refractory atrial fibrillation. This study describes the first randomized clinical trial comparing their efficacy and safety during a 12-month follow-up.

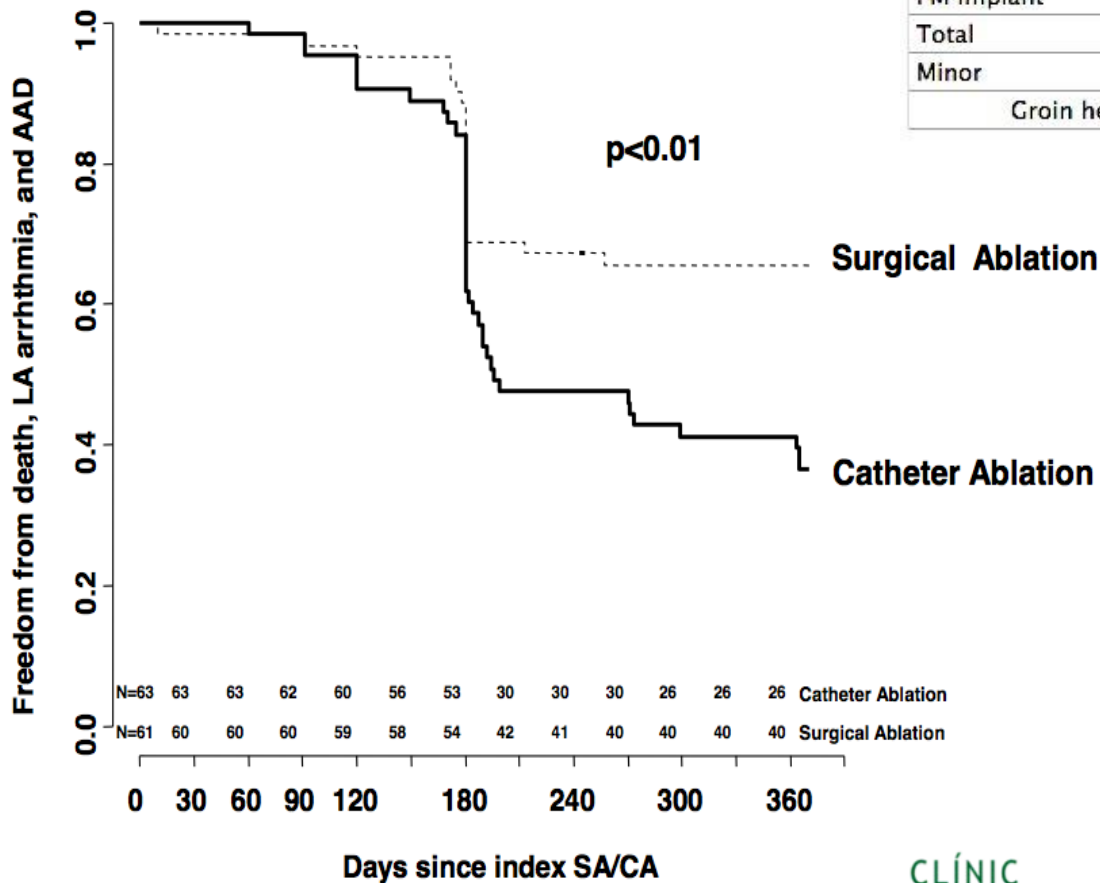
**Methods and Results**—One hundred twenty-four patients with antiarrhythmic drug–refractory atrial fibrillation with left atrial dilatation and hypertension (42 patients, 33%) or failed prior CA (82 patients, 67%) were randomized to CA (63 patients) or SA (61 patients). CA consisted of linear antral pulmonary vein isolation and optional additional lines. SA consisted of bipolar radiofrequency isolation of the bilateral pulmonary vein, ganglionated plexi ablation, and left atrial appendage excision with optional additional lines. Follow-up at 6 and 12 months was performed by ECG and 7-day Holter recording. The primary end point, freedom from left atrial arrhythmia >30 seconds without antiarrhythmic drugs after 12 months, was 36.5% for CA and 65.6% for SA ( $P=0.0022$ ). There was no difference in effect for subgroups, which was consistent at both sites. The primary safety end point of significant adverse events during the 12-month follow-up was significantly higher for SA than for CA ( $n=21$  [34.4%] versus  $n=10$  [15.9%];  $P=0.027$ ), driven mainly by procedural complications such as pneumothorax, major bleeding, and the need for pacemaker. In the CA group, 1 patient died at 1 month of subarachnoid hemorrhage.

**Conclusion**—In atrial fibrillation patients with dilated left atrium and hypertension or failed prior atrial fibrillation CA, SA is superior to CA in achieving freedom from left atrial arrhythmias after 12 months of follow-up, although the procedural adverse event rate is significantly higher for SA than for CA.



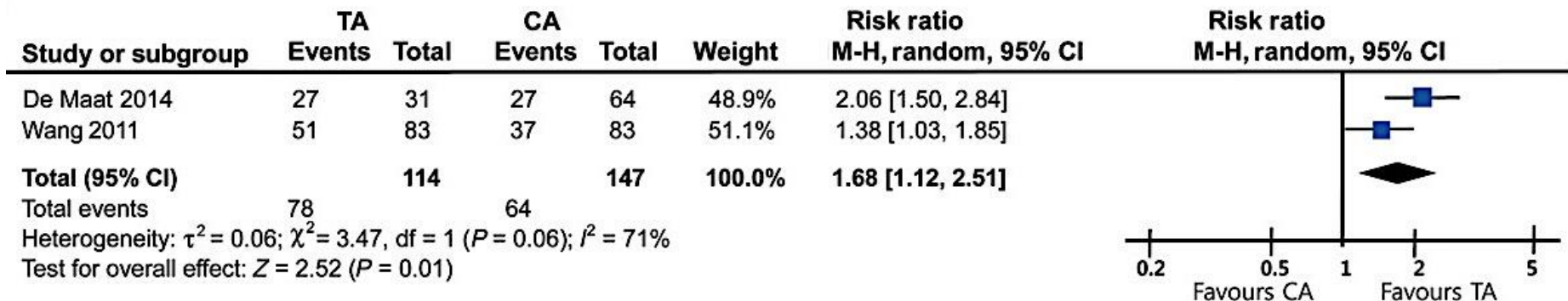
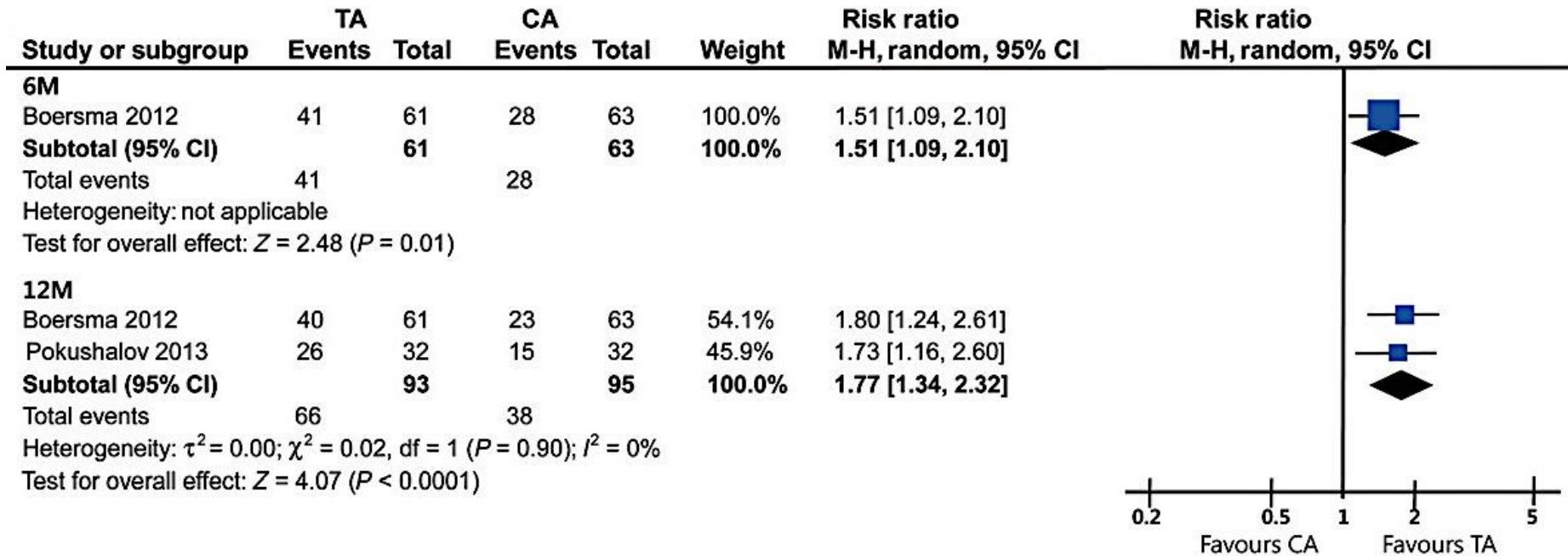
Procedural Adverse Events of CA and SA

Adverse Events	CA N=63	SA N=61	P-Value
Pericardial effusion/tamponade	1	1	
TIA/Stroke	1	1	
Pneumothorax	...	6	
Hemothorax	...	1	
Rib fracture	...	1	
Sternotomy for bleeding	...	1	
Pneumonia	...	1	
Death	...	...	
PM implant	...	2	
Total	2 (3.2%)	14 (23.0%)	P=0.001
Minor			
Groin hematoma/bleed	4 (6.3%)	...	



# Epicardial thoracoscopic ablation versus endocardial catheter ablation for management of atrial fibrillation: a systematic review and meta-analysis

Hyun Jung Kim<sup>a</sup>, Jin Suk Kim<sup>b</sup> and Tae Sik Kim<sup>c\*</sup>



# The totally thoracoscopic maze procedure for the treatment of atrial fibrillation

Charlotte van Laar<sup>a,\*</sup>, Johannes Kelder<sup>b,c</sup> and Bart P. van Putte<sup>a</sup>

The purpose of this study was to update the current evidence regarding the efficacy and safety of the totally thoracoscopic maze (TT-maze) procedure for the treatment of atrial fibrillation (AF). Fourteen studies published between 2011 and 2016 and comprising 1171 patients were included as follows: 545 (46%) patients had paroxysmal AF (pAF), 268 (23%) persistent AF (persAF) and 358 (31%) long-standing persistent AF (LSPAF). Fixed- and random-effect models were used to calculate the pooled overall freedom from atrial arrhythmias. The 1- and 2-year pooled overall antiarrhythmic drug (AAD) free (off-AAD) success rates were 78% (95% confidence interval (CI): 72-83%,  $n = 13$ ) and 77% (95% CI: 64-86%,  $n = 6$ ), respectively. The 1- and 2-year pooled on-AAD success rates were 84% (95% CI: 78-89%,  $n = 5$ ) and 85% (95% CI: 78-90%,  $n = 3$ ), respectively. Subanalysis regarding the different types of AF revealed a 1-year pooled off-AAD success rate of 81% (95% CI: 73-86%,  $n = 7$ ) for pAF, 63% (95% CI: 57-69%,  $n = 5$ ) for persAF and 67% (95% CI: 52-79%,  $n = 3$ ) for LSPAF. The overall in-hospital complication rate was <3% ( $n = 36$ ). We conclude that the TT-maze is an effective strategy for the treatment of AF with maintained efficacy at the 2-year follow-up. Furthermore, the TT-maze has demonstrated similar efficacy to the Cox Maze IV procedure at the midterm follow-up with a lower complication rate. Extended follow-up research is needed to determine whether the high success rates after TT-maze will be stable over time.

**AF freedom (AAD off) 1 and 2 years after surgery was 77% and 78%**

**AF freedom (AAD on) 1 and 2 years after surgery was 84% and 85%**

**AF freedom (AAD off) 1 year after surgery was**

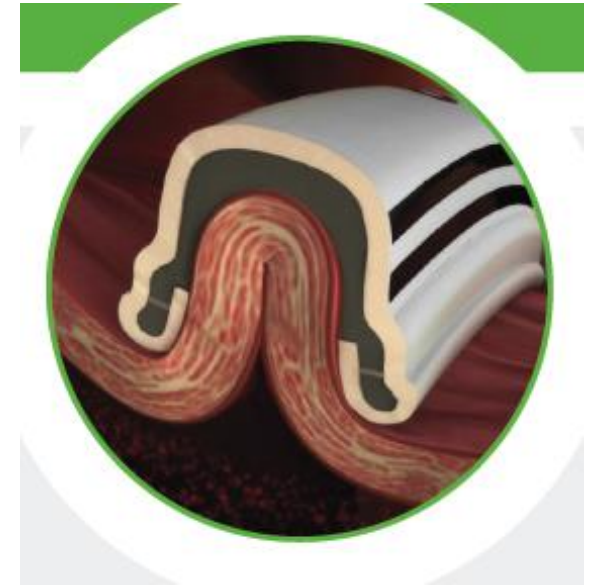
**81% for paroxysmal,**

**78% - persistent,**

**67% - long-standing persistent patients**

**The overall in-hospital complication rate was less 3%**

## ESTECH Cobra Fusion



### ADVANTAGES

- One-side approach
- Easy reproducible technique

### DISADVANTAGES

- LAA without management
- Impossible to isolate each PV collectors
- Gap in each box-lesion point leads to incompleteness of all pattern



Heart Rhythm. 2016 Jun;13(6):1246-52. doi: 10.1016/j.hrthm.2016.02.007. Epub 2016 Feb 15.

## Electrophysiological findings after surgical thoracoscopic atrial fibrillation ablation.

Osmancik P<sup>1</sup>, Budera P<sup>2</sup>, Zdarska J<sup>3</sup>, Herman D<sup>3</sup>, Petr R<sup>3</sup>, Straka Z<sup>2</sup>.

### ⊕ Author information

#### Abstract

**BACKGROUND:** Hybrid ablation (a combination of thoracoscopic epicardial ablation and catheter ablation) has become a new technique for atrial fibrillation treatment.

**OBJECTIVE:** The goal of this study was to evaluate the success and electrophysiological follow-up after using the COBRA Fusion device to deliver a circumferential lesion set anterior to the pulmonary veins in an attempt to isolate the posterior left atrium (box isolation).

**METHODS:** Surgical ablation was carried out via a thoracoscopic approach using the COBRA Fusion radiofrequency catheter. An electrophysiology study was done 2-3 months later to verify box isolation (and to complete it, if needed) and to perform right-sided isthmus ablation. Fat thickness along the presumed box lesion line was measured using preprocedural computed tomography.

**RESULTS:** Thirty patients (mean age  $60.0 \pm 11.6$  years; 22 men; 8 with long-standing persistent AF and 22 with persistent atrial fibrillation) were enrolled. The duration of the EP study was  $216.3 \pm 64.2$  minutes. Box isolation, based on the EP study, was complete in 12 patients (40%) and incomplete in 18 patients (60%). Successful box isolation was achieved with catheter ablation in 16 of 18 patients (89%). A total of 39 gaps in these 16 patients were identified. Typical gap locations were the anterior-superior part of the superior pulmonary veins and the roofline. Fat thickness along the roofline was substantially higher than that along the inferior line ( $4.58 \pm 1.61$  mm vs  $2.37 \pm 0.76$  mm;  $P < .001$ ).

**CONCLUSION:** There is a relatively low rate of complete isolation using the COBRA catheter ablation system. The superior line and anterior parts of superior pulmonary veins have most conduction gaps.

# AtriCure

## ADVANTAGES

- Separate isolation of PV islands

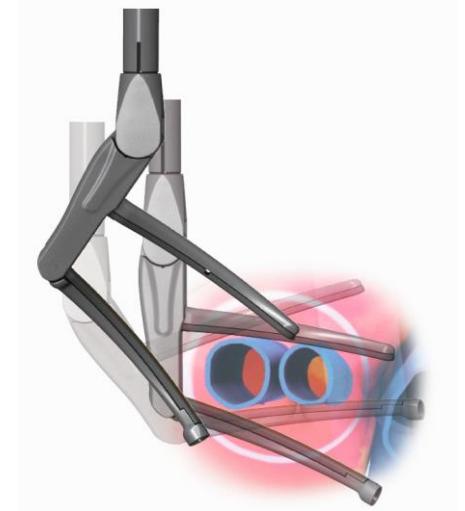
## DISADVANTAGES

- Technically demanded procedure

Lumitip™  
Dissector  
with GlidePath™ Transfer Tape

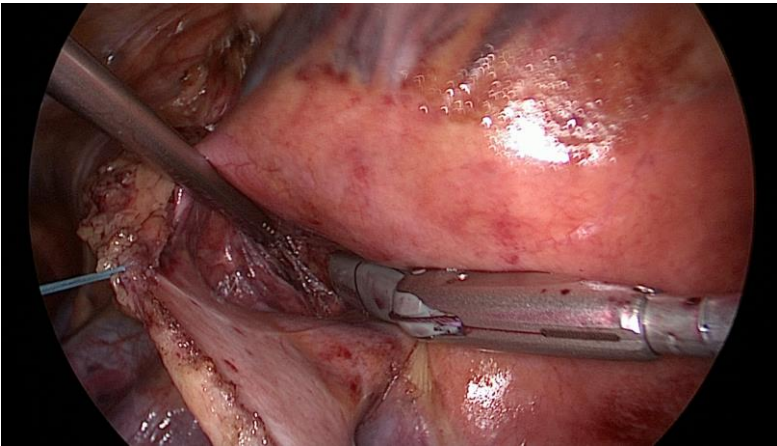
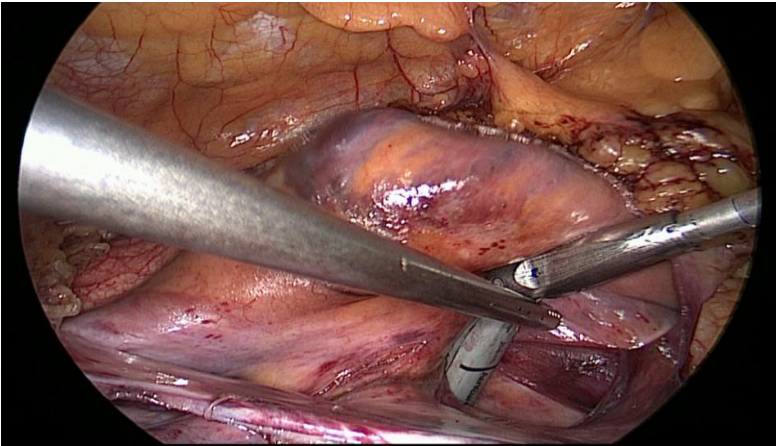
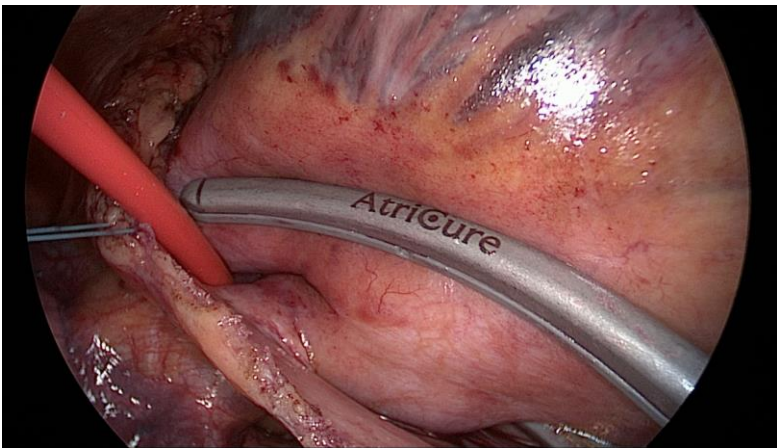
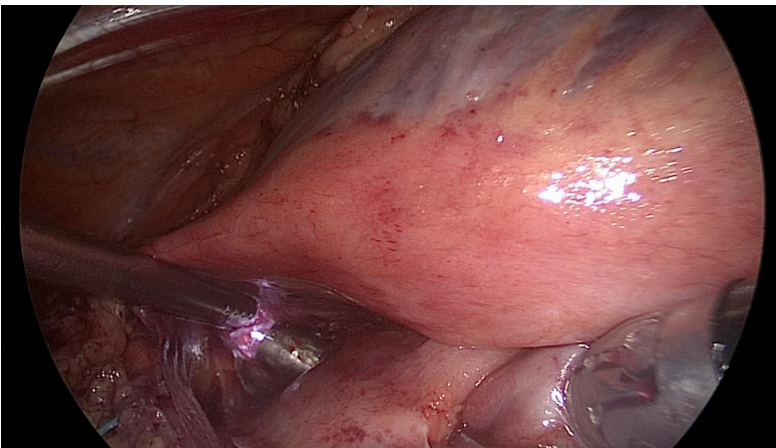


Multifunctional pen

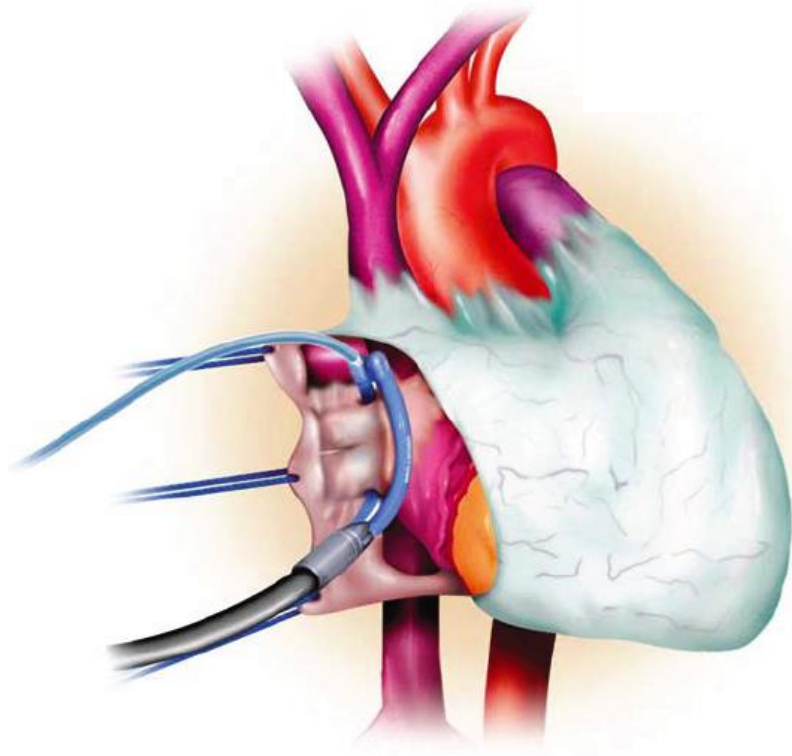


Bipolar dry clamp  
Synergy Access

# AtriCure



# Medtronic CardioBlate Gemini



## ADVANTAGES

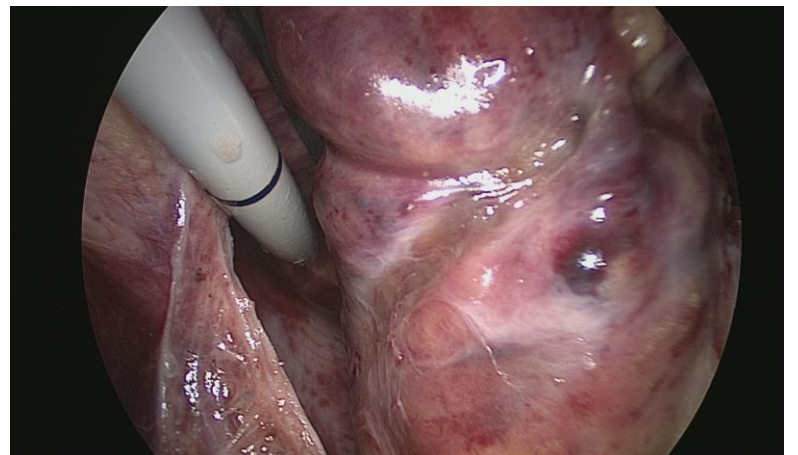
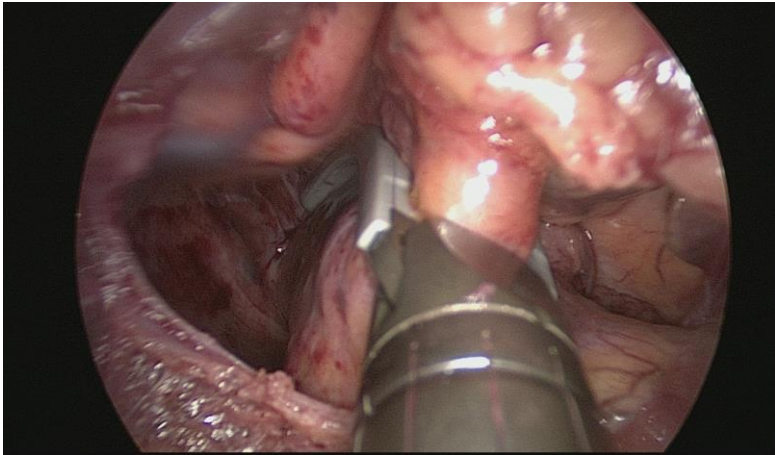
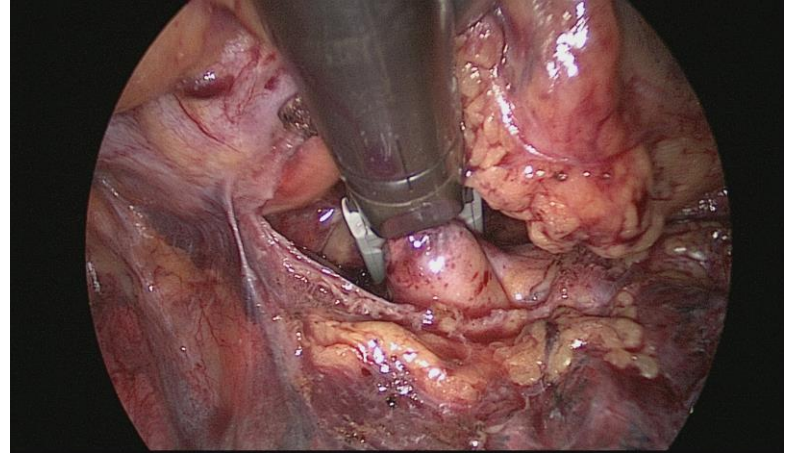
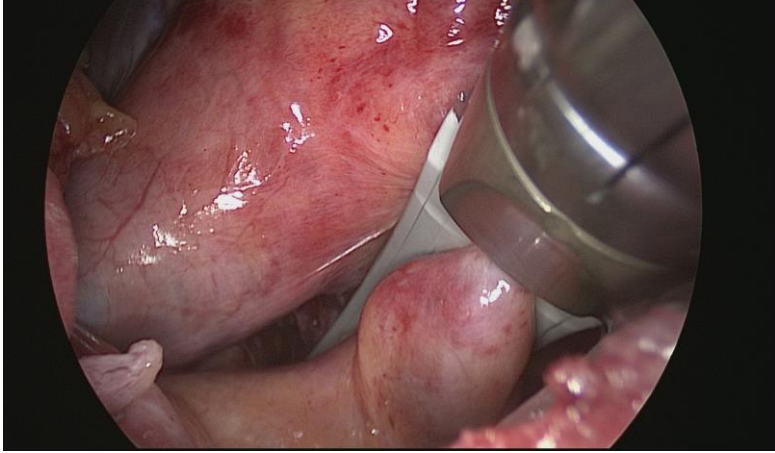
- Easy reproducible technique with short learning curve

## DISADVANTAGES

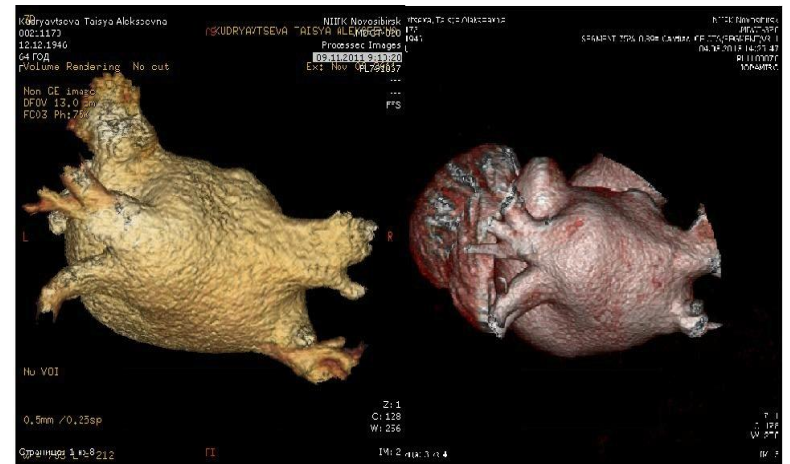
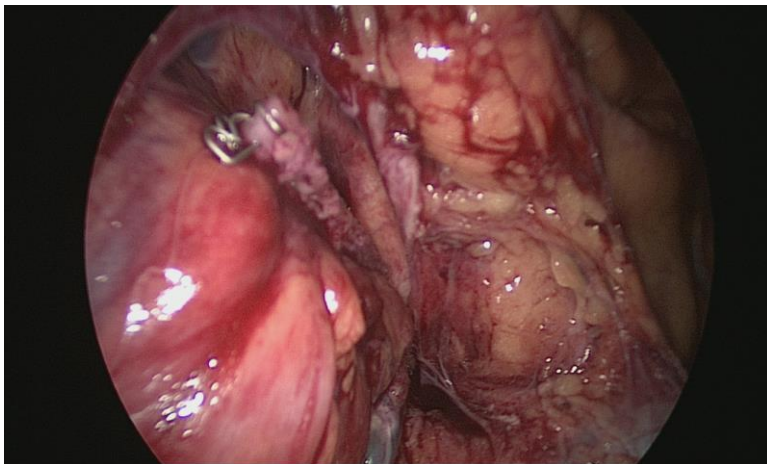
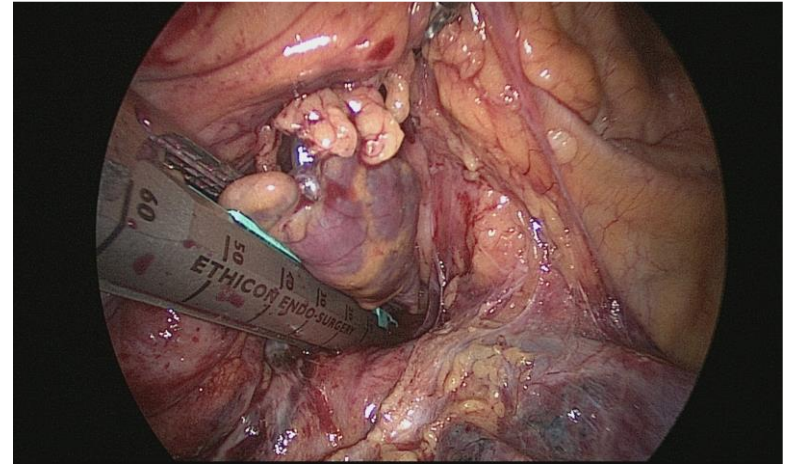
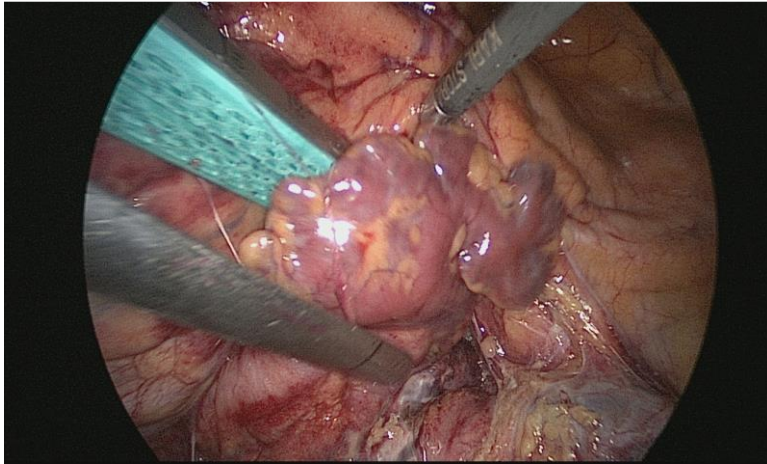
- Impossible to isolate each PV collectors (dissector is not available now) – as a option 180 degree turn
- Gap in each box-lesion point leds to incompleteness of all pattern



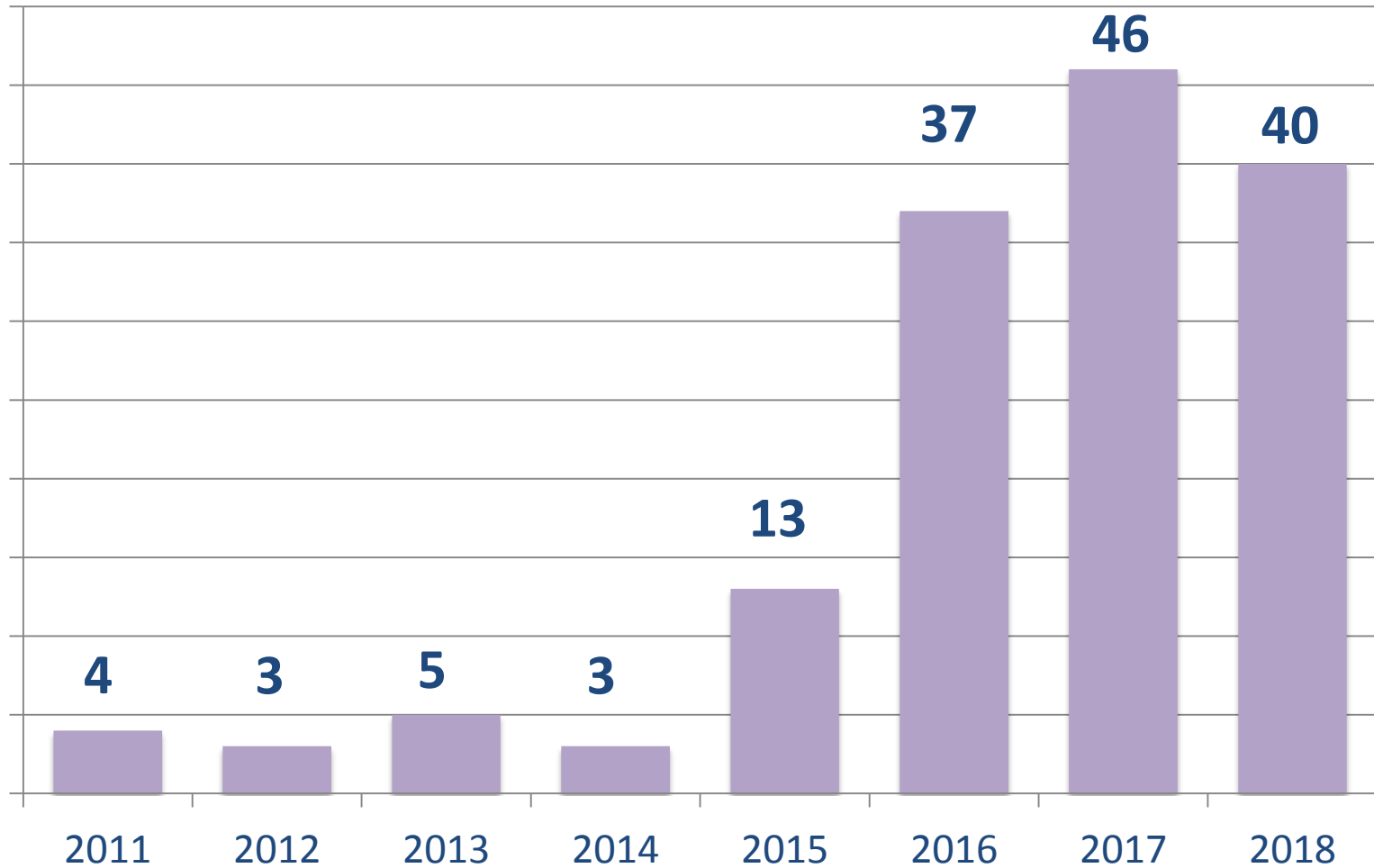
# Gemini



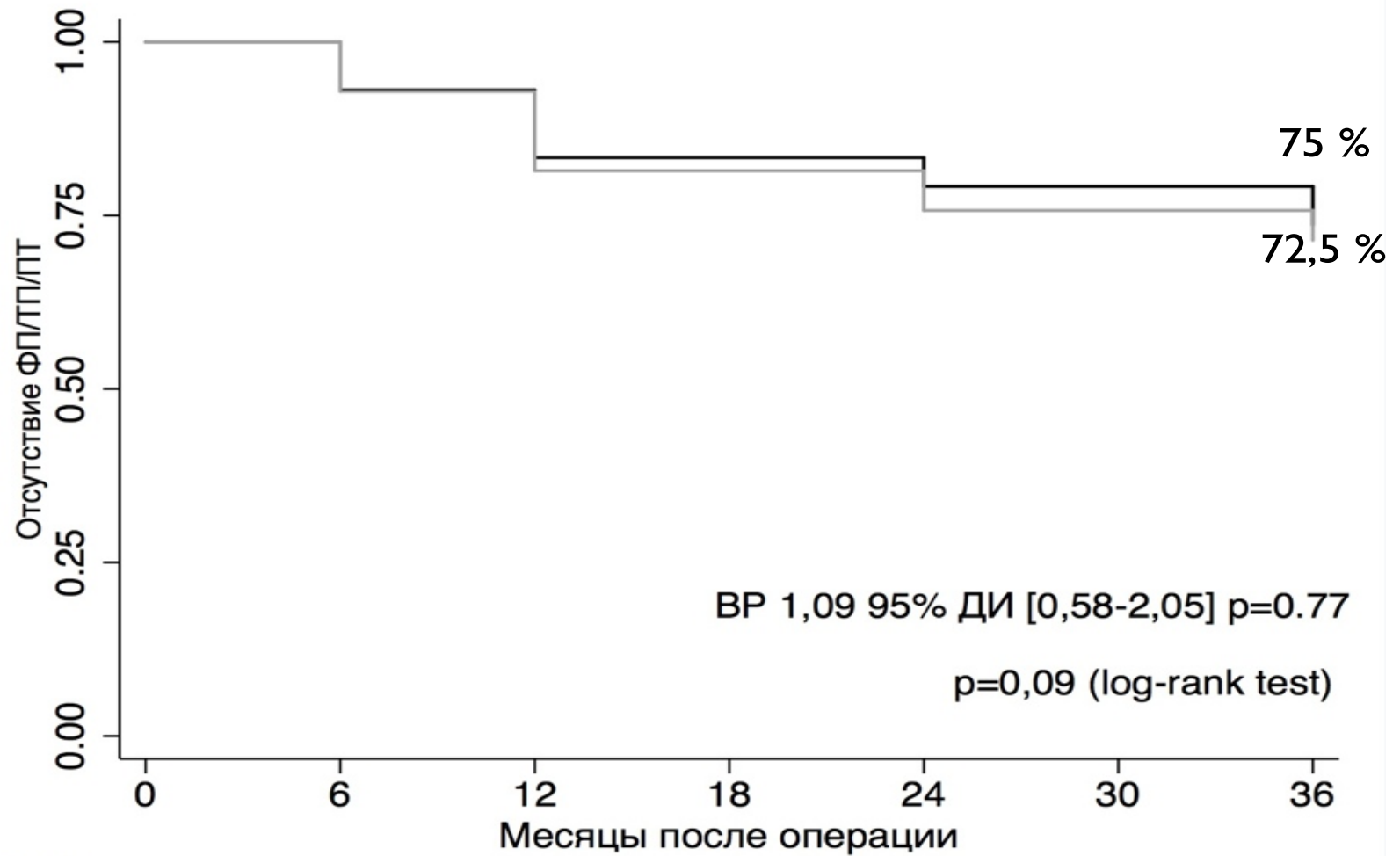
# Резекция ушка ЛП



# 151 пациент (2011-2018 Декабрь) Gemini



# Gemini или AtriCure



Number at risk

AtryCure	72	72	67	60	60	57	57
Gemini	70	70	65	57	57	53	53

# Показания

- Пациенты с симптоматичной персистирующей или длительноперсистирующей ФП без сопутствующей патологии сердца
- Пациенты с выраженной атриомегалией (LA volume more than 150 ml)
- Предыдущая не эффективная катетерная абляция

# Противопоказания

## **Абсолютные**

- Тромбоз левого предсердия
- Пациенты перенесшие вмешательства на грудной клетке

## **Относительные**

- Размер ЛП более 65 мм (volume more than 200-250 ml)
- ФВ ЛЖ менее 35%
- Тяжелая сопутствующая патология

## 268 пациентов (2011-2018 Декабрь)

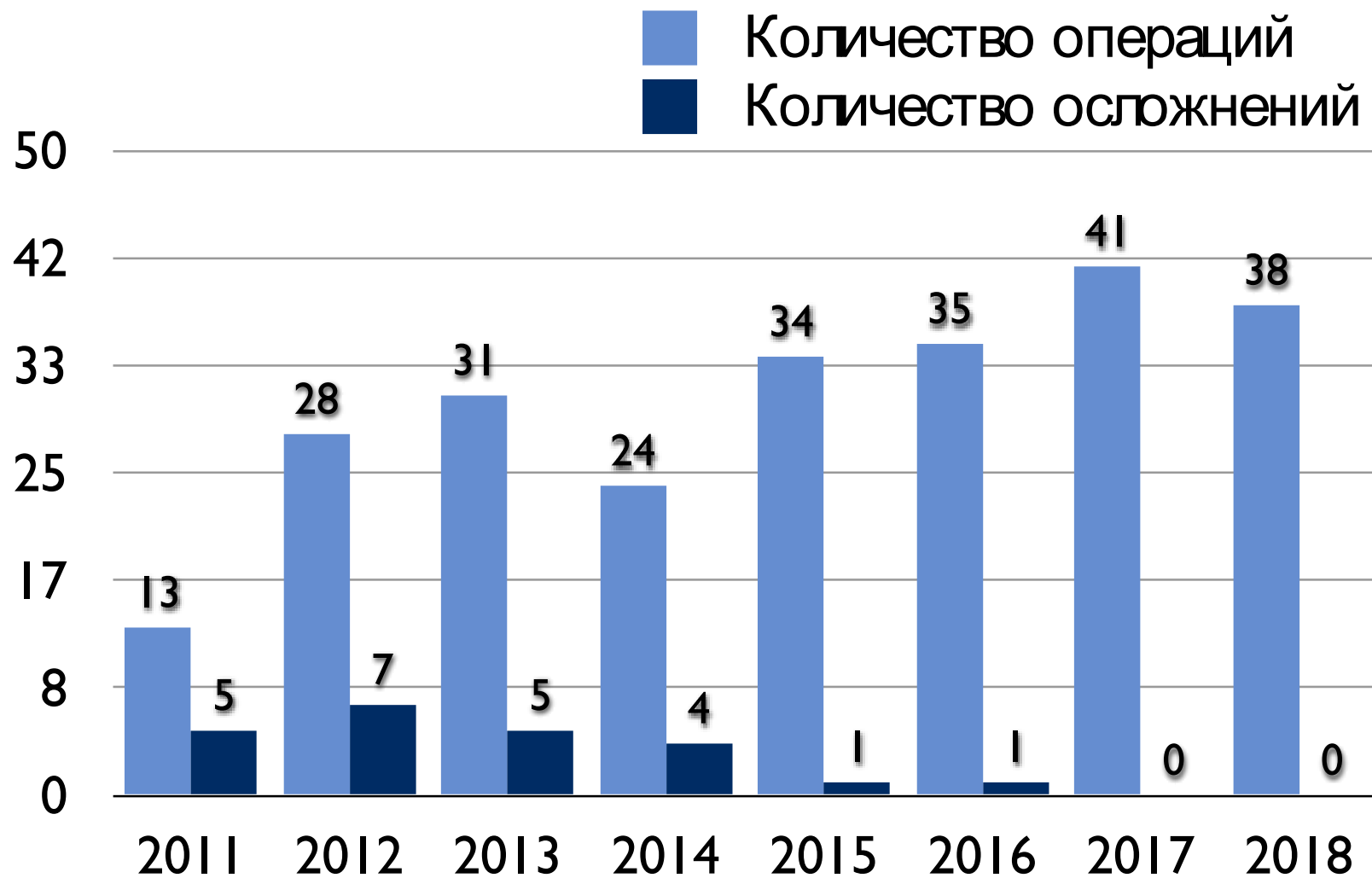
- Госпитальная летальность – 0.0%
- Стернотомия – 2.23% (6 пациентов)

Первые 50 пациентов – 8.0% (n=4)

Следующие 218 пациентов – 0.9% (n=2)

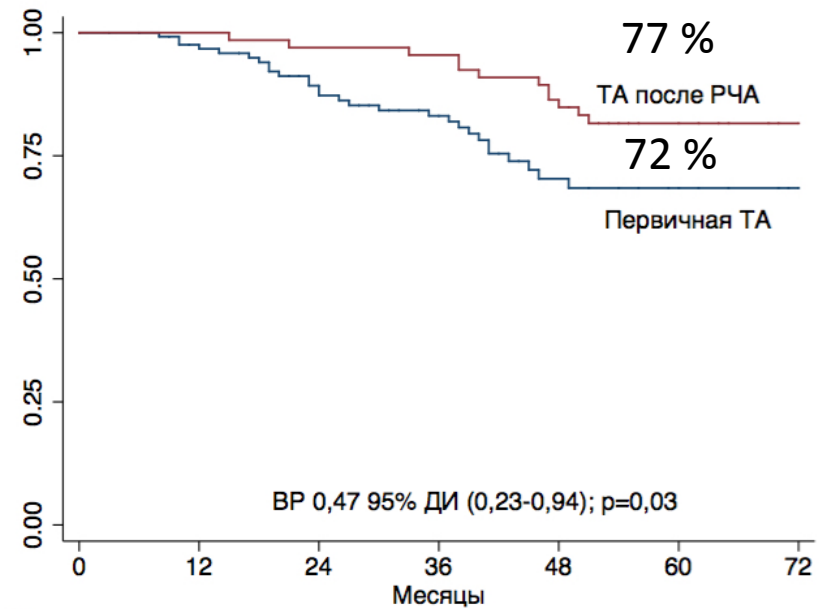
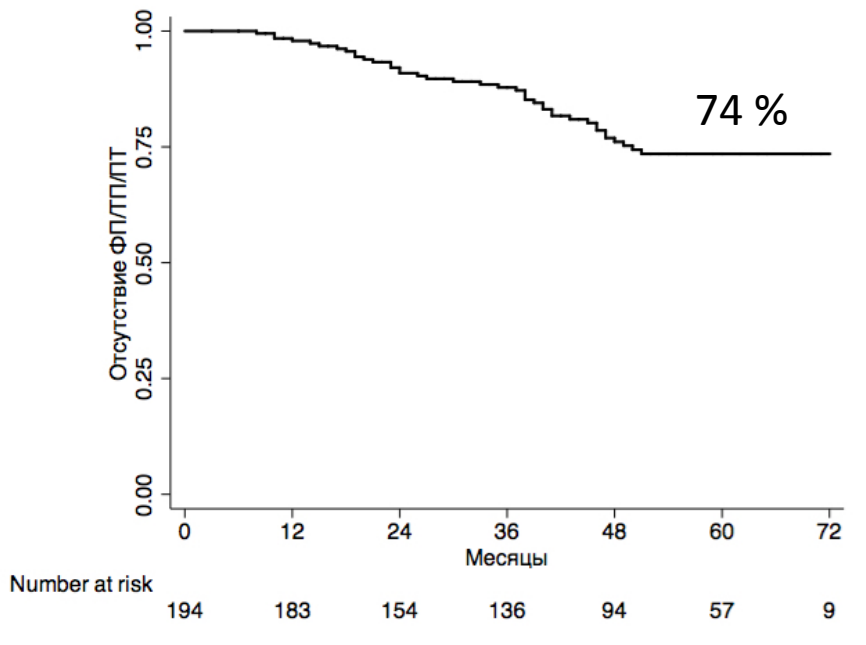
- Инсульт – 0.75% (2 пациента)
- Имплантация ЭКС – 1.86% (5 пациентов)

# Кривая обучения





# Свобода от ФП



Number at risk	0	12	24	36	48	60	72
Первичная ТА	128	117	90	73	37	29	6
ТА после РЧА	66	66	64	63	57	28	3

## Catheter Versus Surgical Ablation of Atrial Fibrillation After a Failed Initial Pulmonary Vein Isolation Procedure: A Randomized Controlled Trial

EVGENY POKUSHALOV, M.D., Ph.D.,\* ALEXANDER ROMANOV, M.D.,\* DMITRY ELESIN,  
M.D.,\* ALEXANDER BOGACHEV-PROKOPHIEV, M.D.,\* DENIS LOSIK, M.D.,\*  
SEVDA BAIRAMOVA, M.D.,\* ALEXANDER KARASKOV, M.D., Ph.D.,\*  
and JONATHAN S. STEINBERG, M.D.†

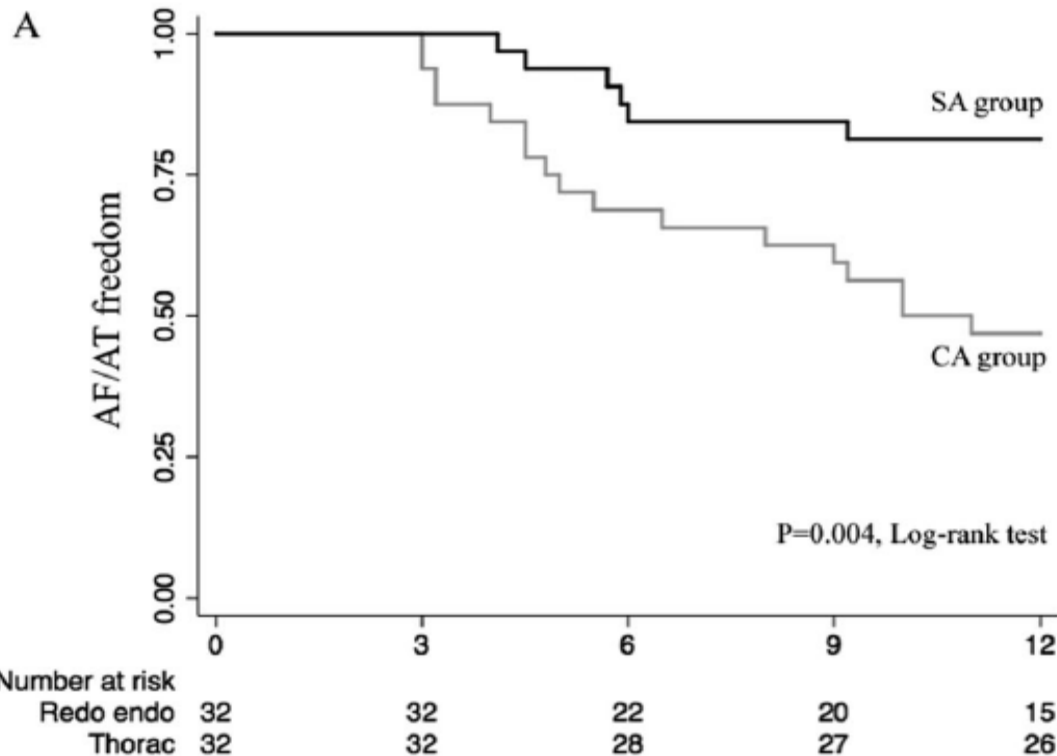
From the \*State Research Institute of Circulation Pathology, Novosibirsk, Russia; and †The Valley Health System and Columbia University College of Physicians & Surgeons, New York, New York, USA

**Catheter Versus Surgical Ablation. Introduction:** The aim of this prospective randomized study was to compare the efficacy and safety of catheter ablation (CA) versus surgical ablation (SA) in the treatment of paroxysmal and persistent AF after failed initial pulmonary vein isolation procedure.

**Methods and Results:** Patients with a history of symptomatic AF after a previous failed first ablation procedure were eligible for this study. Patients were randomized to CA (n = 32) or SA (n = 32) redo ablation. The primary endpoint was recurrence of atrial tachyarrhythmia at 1 year of follow-up. At the 12-month follow-up, 26 (81%) of the 32 SA group patients and 15 (47%) of the 32 CA group were AF/AT-free on no antiarrhythmic drugs (P = 0.004, Log-rank test). In patients with PAF, 17 (85%) patients of the 20 in SA group and 10 (56%) patients of the 18 in CA group were AF-free (P = 0.04, log-rank test). In patients with PersAF, 9 (75%) patients of the 12 in SA group and 5 (36%) patients of the 14 in CA group were AF-free (P = 0.04, log-rank test). The number of the serious adverse event in the SA group was significantly higher (1 CA group vs. 7 SA group; P = 0.02).

**Conclusion:** In patients with PAF and PersAF after failed initial CA, SA is superior to CA for maintenance of sinus rhythm, although serious adverse event rate is significantly higher for SA. (*J Cardiovasc Electrophysiol*, Vol. pp. 1-6)





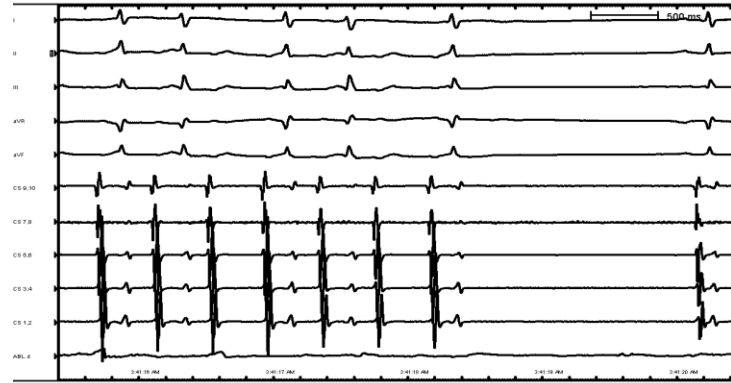
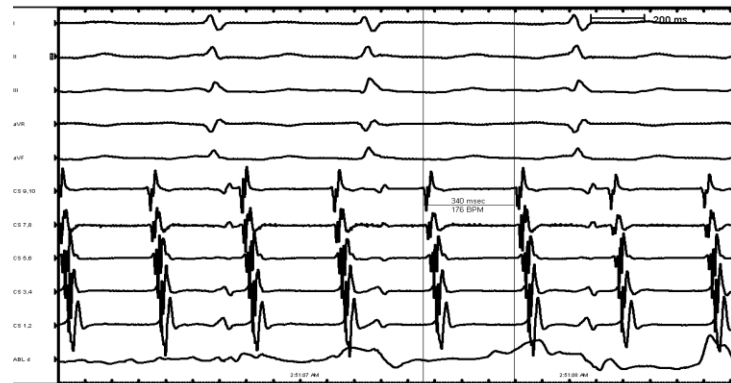
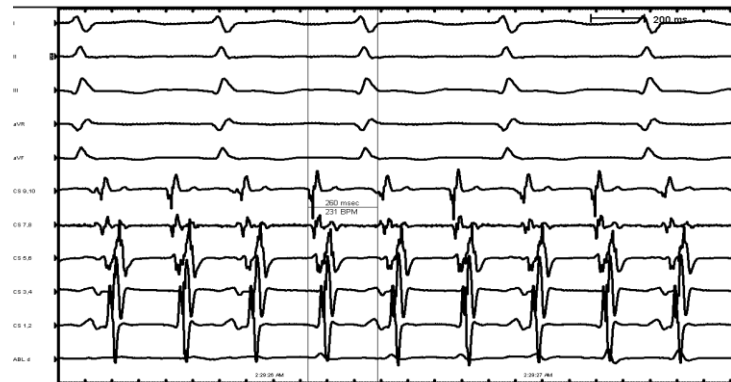
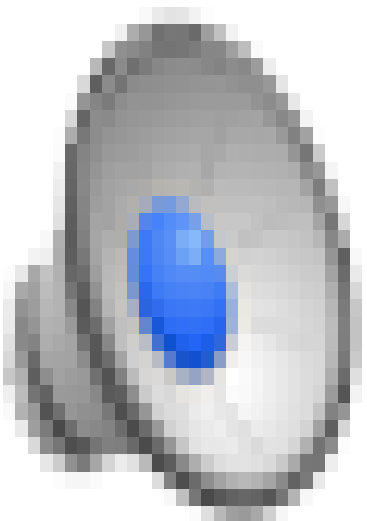
In patients with paroxysmal and persistent AF after failed initial catheter ablation, thoracoscopic surgical ablation was superior in maintenance of sinus rhythm

The number of the serious adverse event (except atrial flutter and groin hematoma) in the SA group was significantly higher (1 CA group vs. 7 SA group;  $P = 0.02$ )

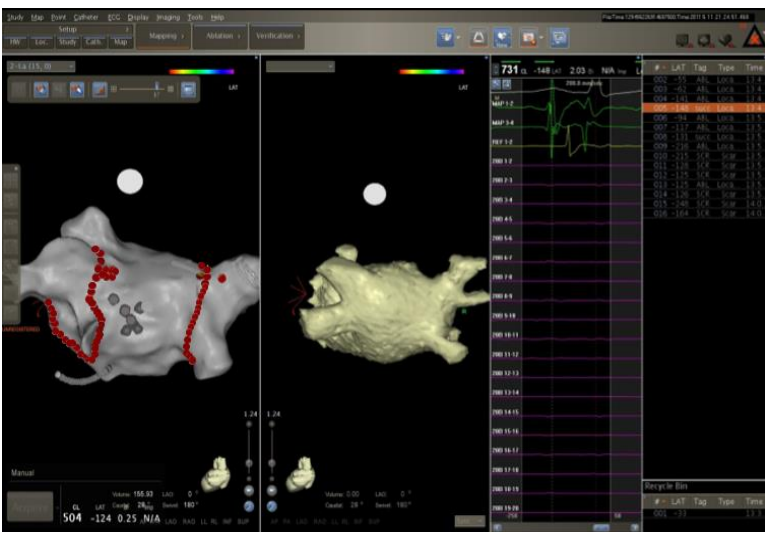
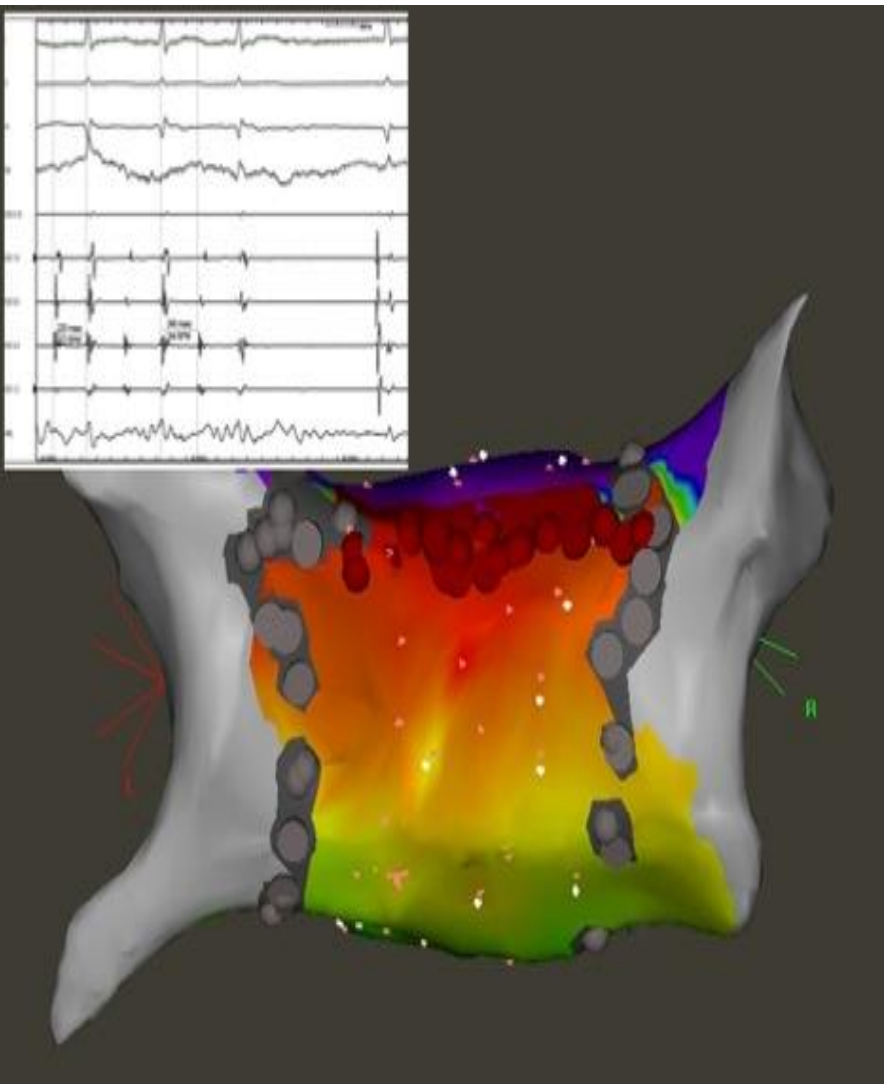
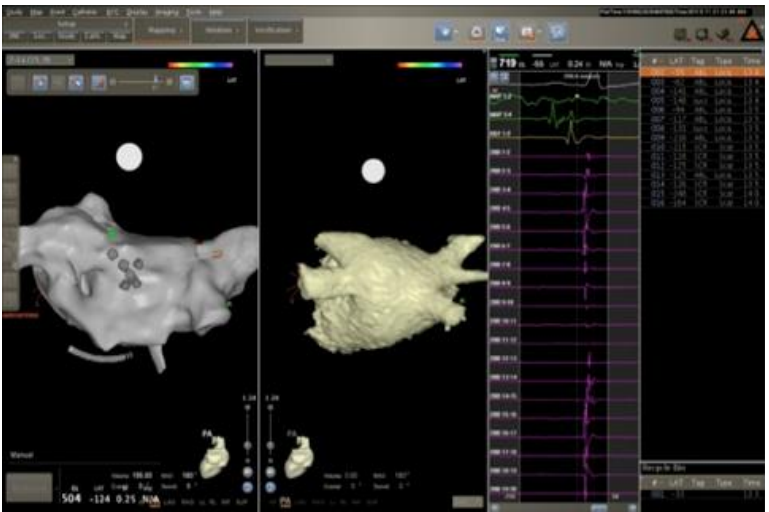
#### Adverse Events of CA and SA

	CA (n = 32)	SA (n = 32)	P
Pericardial effusion/tamponade	0	1	0.32
TIA/Stroke	1	0	0.32
Pneumothorax	0	3	0.08
Hematothorax/hydrothorax	0	3	0.08
Groin hematoma/bleed	2	0	0.08
Atrial flutter/tachycardia	3	1	0.30
Total	6	8	0.5

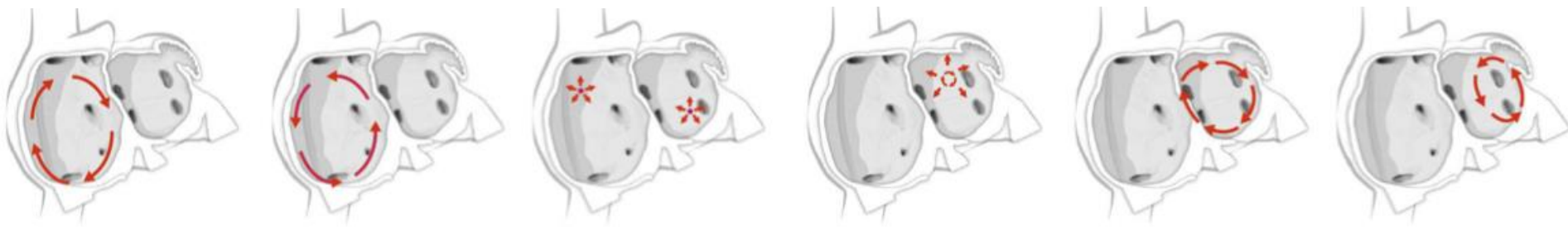
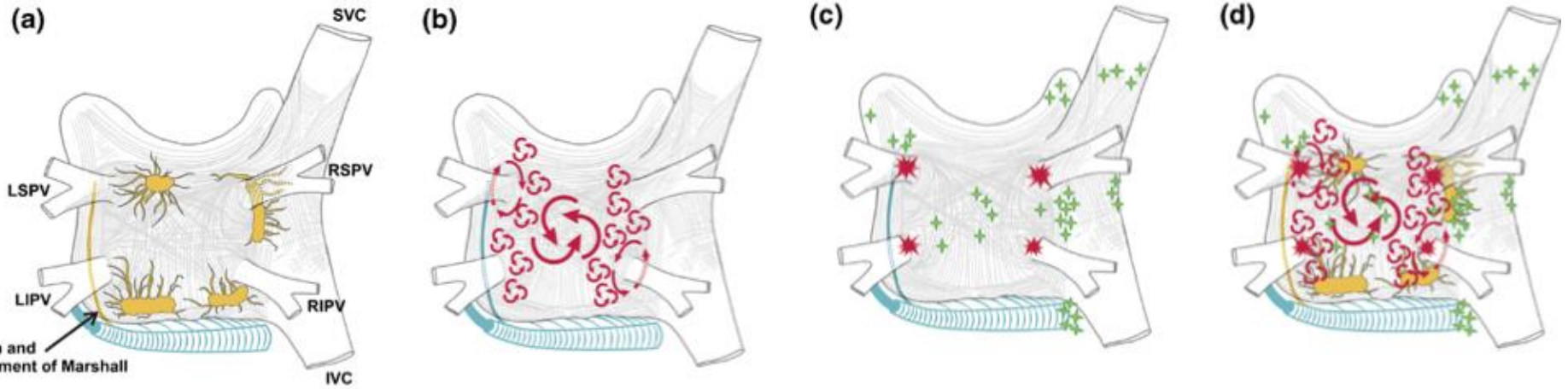
# Трепетание предсердий



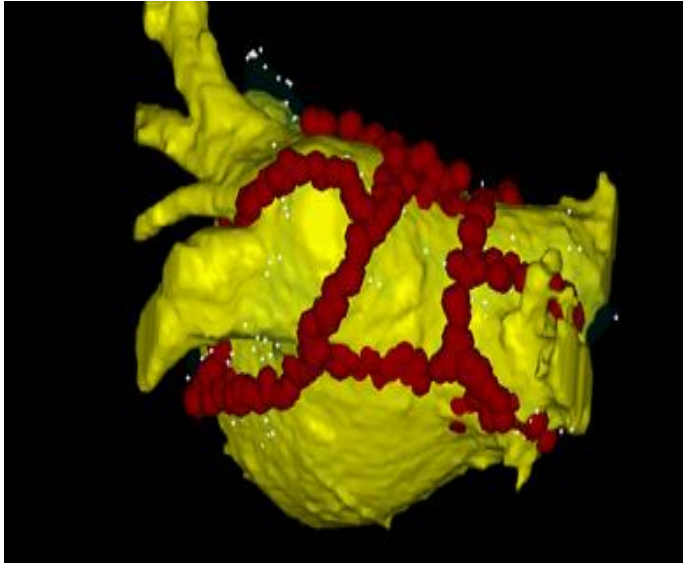
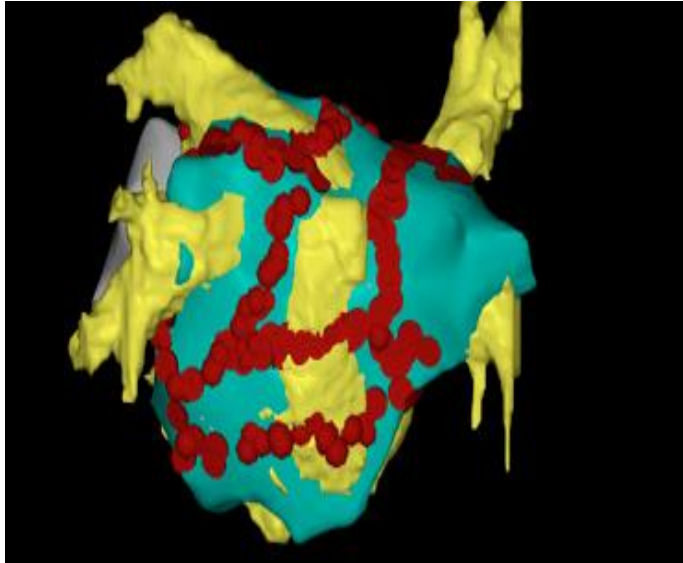
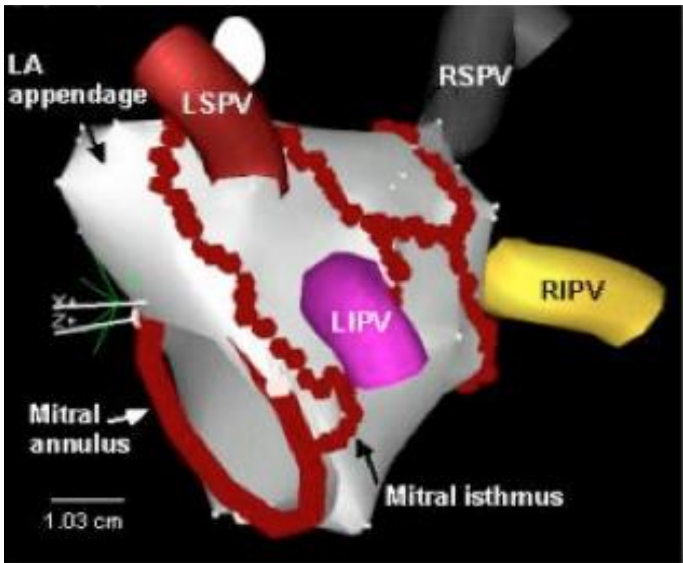
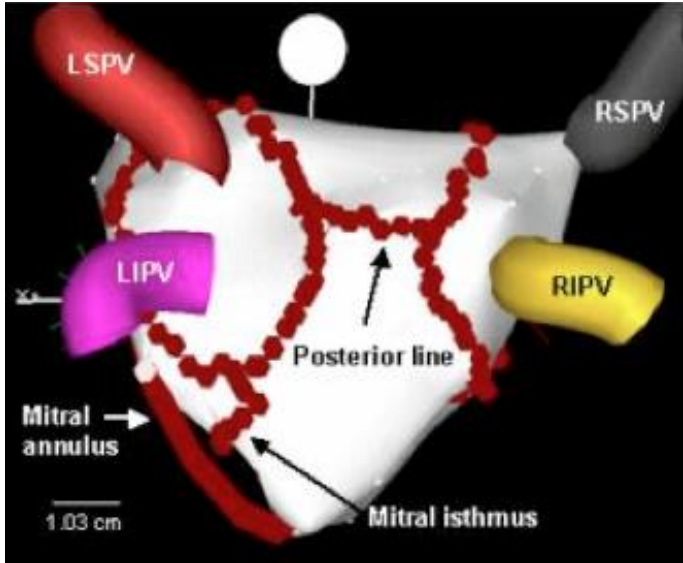
# Трепетание предсердий



# Механизмы ФП

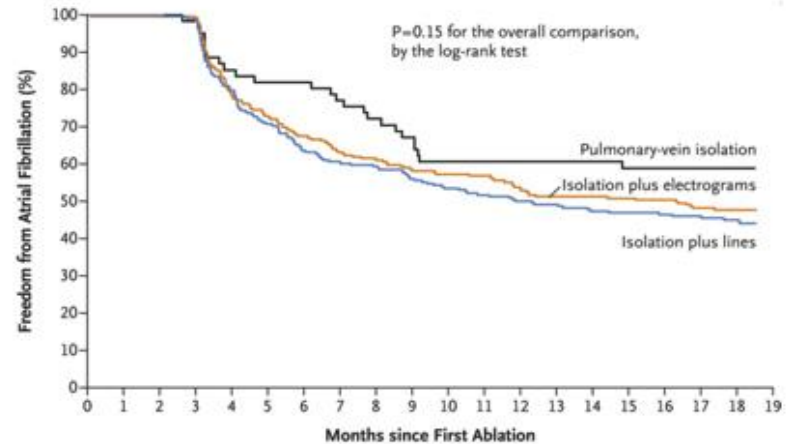
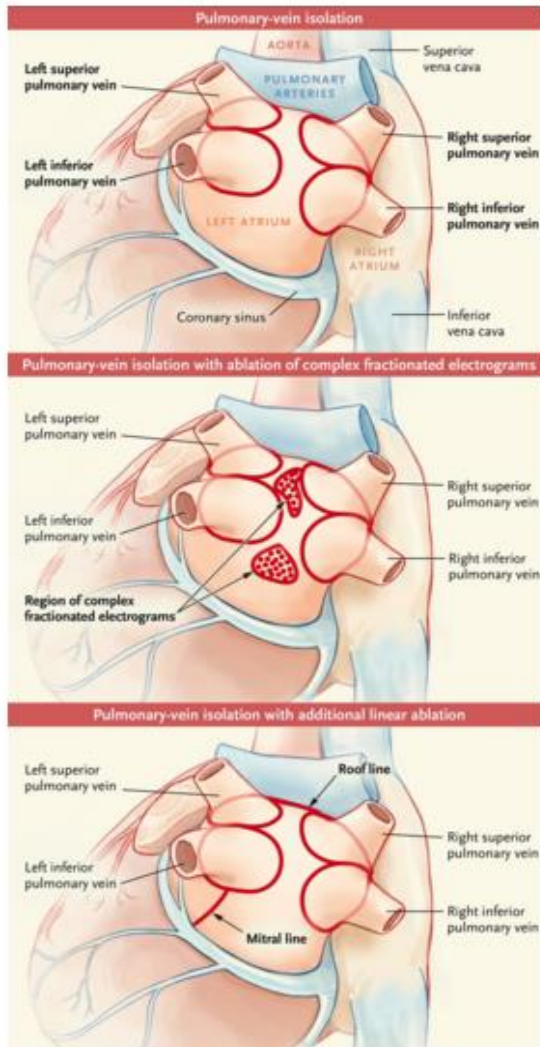


# Катетерная РЧА ФП



ORIGINAL ARTICLE

# Approaches to Catheter Ablation for Persistent Atrial Fibrillation

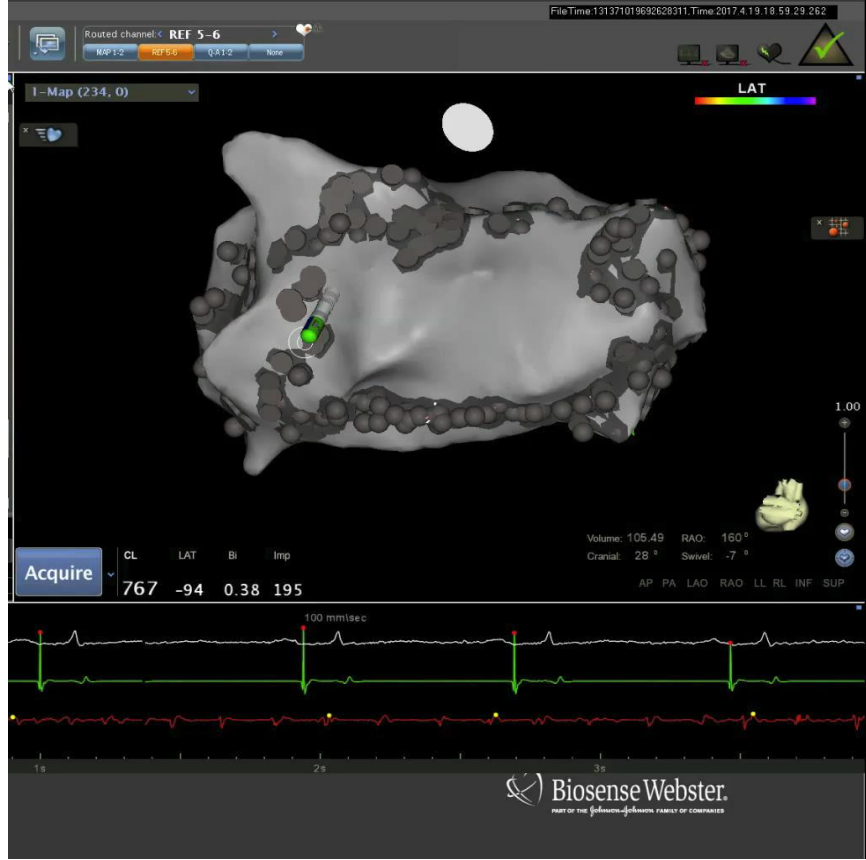
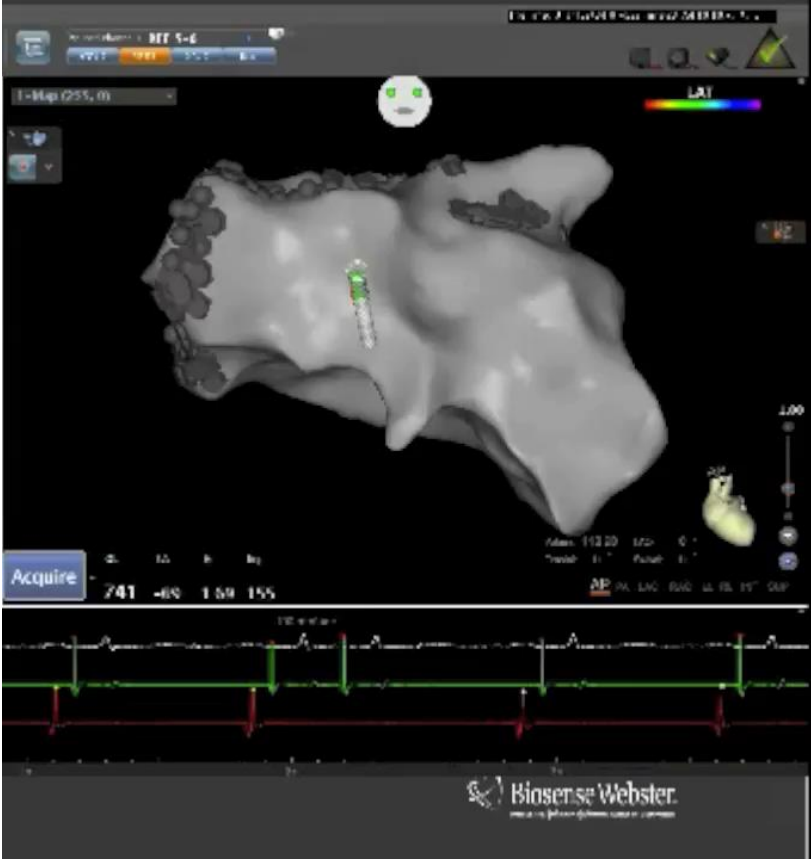


No. at Risk	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
Pulmonary-vein isolation	61	60	50	41	36															
Isolation plus electrograms	244	242	161	137	124															
Isolation plus lines	244	240	152	133	115															

Variable	Isolation Alone (N=61)	Isolation plus Electrograms (N=244)	Isolation plus Lines (N=244)	P Value
Freedom from documented atrial fibrillation after one procedure, with or without antiarrhythmic drugs	36 (59)	119 (49)	112 (46)	0.15
Freedom from documented atrial fibrillation after one procedure, without antiarrhythmic drugs*	29 (48)	90 (37)	81 (33)	0.11
Freedom from documented atrial arrhythmia after one procedure, with or without antiarrhythmic drugs	30 (49)	100 (41)	90 (37)	0.15
Freedom from documented atrial arrhythmia after one procedure, without antiarrhythmic drugs*	25 (41)	81 (33)	71 (29)	0.08
Freedom from documented atrial fibrillation after two procedures, with or without antiarrhythmic drugs	44 (72)	146 (60)	142 (58)	0.18
Freedom from documented atrial arrhythmia after two procedures, with or without antiarrhythmic drugs	37 (61)	122 (50)	117 (48)	0.24
Documented atrial flutter or tachycardia after one procedure, with or without antiarrhythmic drugs	7 (11)	27 (11)	34 (14)	0.57
Documented atrial flutter or tachycardia after two procedures, with or without antiarrhythmic drugs	7 (11)	32 (13)	29 (12)	0.98
Patients undergoing a second ablation procedure	13 (21)	63 (26)	81 (33)	0.10



# Изоляция задней стенки ЛП

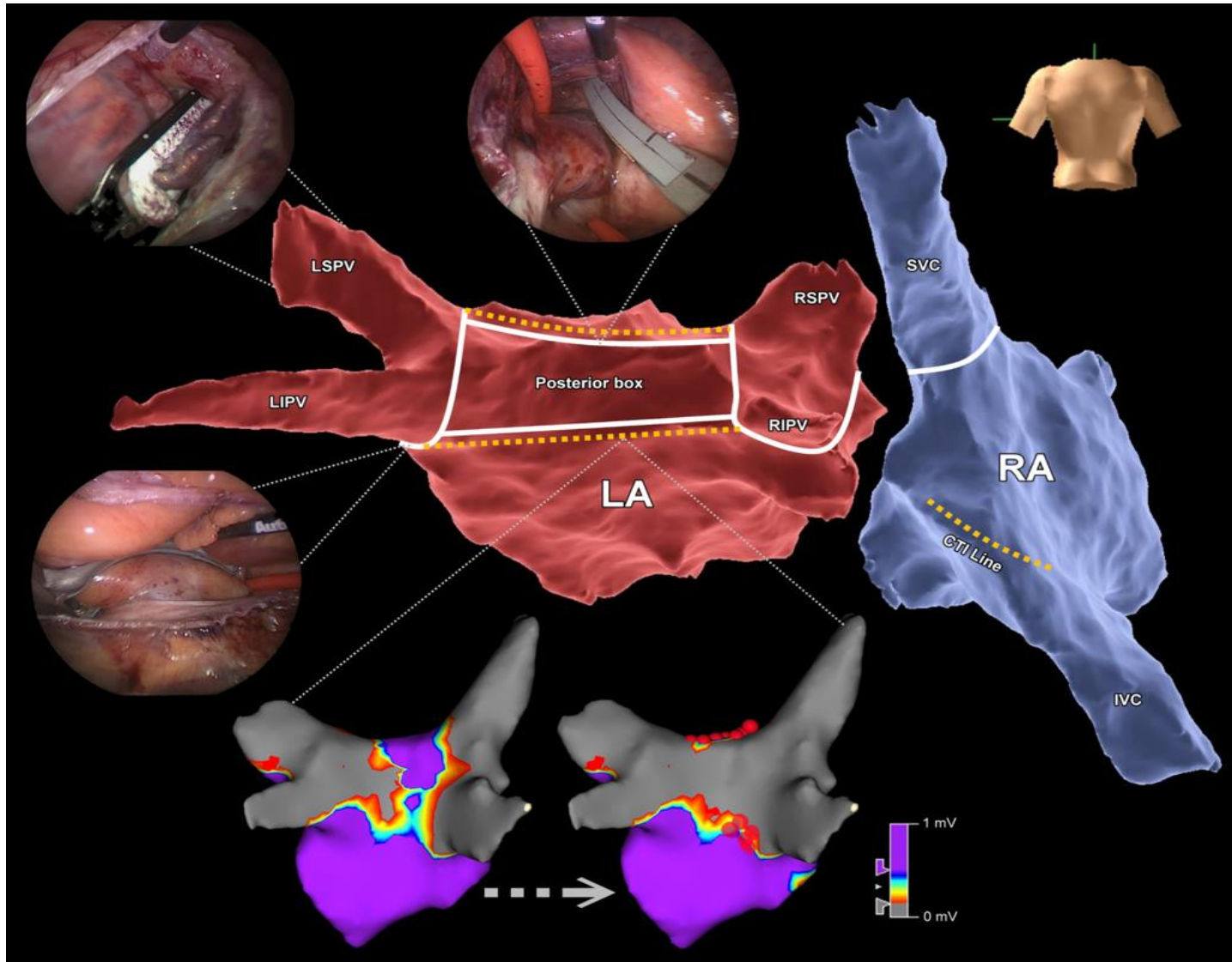




# 3D TOTALLY THORACOSCOPIC AF ABLATION



# Гибридный подход в лечении ФП



# ВЫВОДЫ

- ТОРАКОСКОПИЧЕСКАЯ АБЛАЦИЯ ФП ЯВЛЯЕТСЯ БЕЗОПАСНЫМ, ЛЕГКО ВОСПРОИЗВОДИМЫМ МЕТОДОМ
- ПРОЦЕДУРА ОБЕСПЕЧИВАЕТ ПРИЕМЛЕМУЮ СВОБОДУ ОТ РЕЦИДИВОВ ПРЕДСЕРДНЫХ АРИТМИЙ В СРЕДНЕСРОЧНОЙ ПЕРСПЕКТИВЕ
- ТРЕБУЕТСЯ БОЛЕЕ ДЛИТЕЛЬНОЕ НАБЛЮДЕНИЕ И БОЛЬШОЙ РАЗМЕР ВЫБОРКИ

# Торакоскопическая абляция для лечения пациентов с изолированной формой фибрилляции предсердий в России

© О.Ю. Пиданов <sup>1</sup>, А.В. Богачев-Прокофьев <sup>2</sup>, Д.А. Елесин <sup>2</sup>, Э.А. Иваницкий <sup>3</sup>, О.А. Бобровский <sup>3</sup>, П.А. Шиленко <sup>4</sup>, П.А. Дурьгин <sup>5</sup>, А.С. Зотов <sup>6</sup>, С.А. Вачев <sup>6</sup>, В.Е. Вайкин <sup>7</sup>, С.Е. Мамчур <sup>8</sup>, О.В. Сапельников <sup>9</sup>, Д.О. Быстров <sup>10</sup>

ПАТОЛОГИЯ  
КРОВООБРАЩЕНИЯ  
И КАРДИОХИРУРГИЯ

ЕЖЕКВАРТАЛЬНЫЙ РЕЦЕНЗИРУЕМЫЙ ЖУРНАЛ С 1997 ГОДА

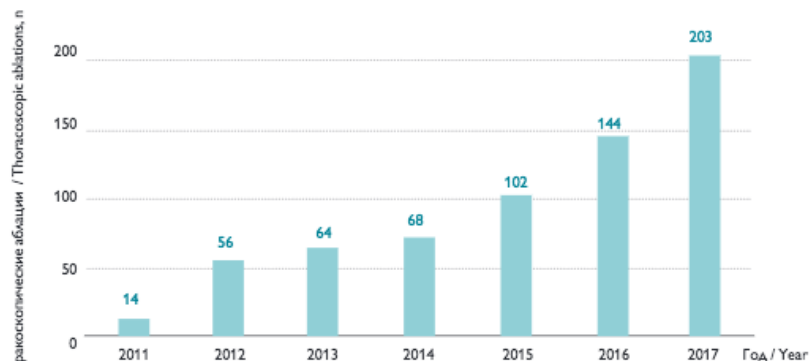


Рис. 1. Количество торакоскопических абляций в Российской Федерации

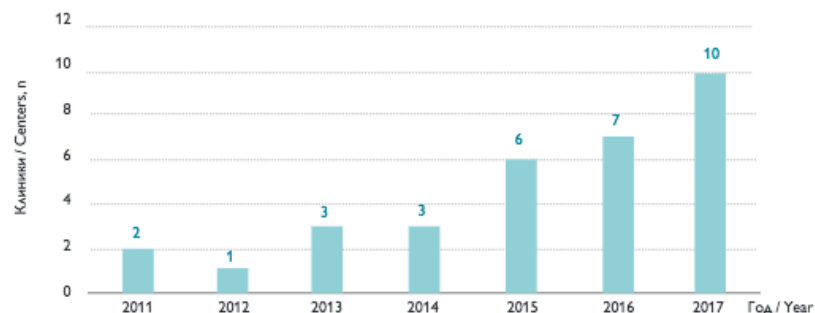
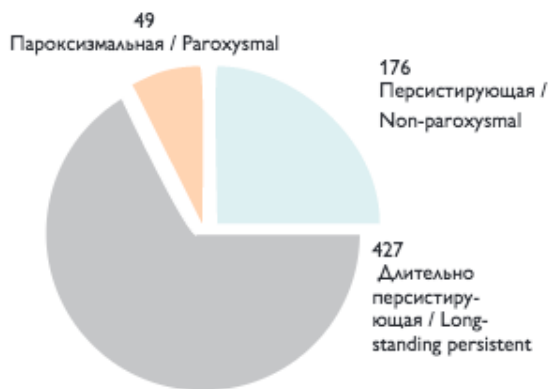
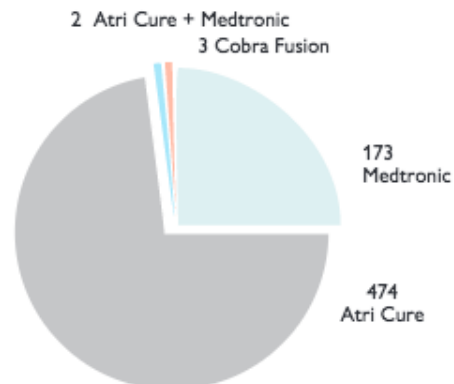


Рис. 2. Количество кардиохирургических центров, в которых выполняют торакоскопическую абляцию



Распределение пациентов по форме фибрилляции предсердий



Инструменты для выполнения торакоскопической абляции

in National Medical Research Center  
Novosibirsk, Russian Federation



НОВОСИБИРСКИЙ НАУЧНО-ИССЛЕДОВАТЕЛЬСКИЙ  
ИНСТИТУТ ПАТОЛОГИИ КРОВООБРАЩЕНИЯ  
имени академика Е.Н.Мешалкина

Спасибо